



Lexington-Fayette County Health Department

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June 11, 2010
9 a.m.

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Health department launching survey for Pathways to Wellness

The Lexington-Fayette County Health Department is asking for the public's help in improving the community's health.

The health department is beginning a six-month community health assessment project called Pathways to Wellness, which is designed to have the community identify important health, environmental and social concerns.

Starting Friday, June 18, the first phase of the project begins with a short survey mailed to 6,000 randomly selected addresses in Lexington. The confidential survey needs to be completed by a person at least 18 years of age who can speak for the household. In addition, those who don't receive a mailed survey can go on-line to www.lexingtonhealthdepartment.org to fill out a survey.

The second phase of the project will consist of a series of neighborhood-based focused groups, which are being planned for late summer and early fall.

"This assessment project will allow the department to look at the health needs of our community, including specific areas of interest like health insurance, environmental health and quality of life," said LFCHD Epidemiology Team Leader Jessica DuMaurier, one of the project's coordinators. "The department will use the information from the project to work with community residents, public officials, planners and service providers to address the critical health concerns in our community."

The survey takes about 10 minutes to complete and should be returned to the health department by July 6. A pre-paid envelope will be included in the packet being mailed to residents. The first 1,000 people to respond to the mailed survey will receive a \$5 Wal-Mart gift card. Everyone who responds will also be entered into a drawing for one of three \$500 Wal-Mart gift cards.

For additional information, find the Lexington-Fayette County Health Department on Facebook, or follow us on Twitter at twitter.com/LFCHD.

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