



## Lexington-Fayette County Health Department

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### Health department seeks help with diabetes plan

The Kentucky Diabetes Prevention and Control Program and a steering committee of 12 diabetes organizations are taking steps to develop and implement a Kentucky Diabetes State Plan, the Kentucky Department for Public Health recently announced. The group hopes to involve as many interested people and organizations as possible in various parts of the process.

"This comprehensive action plan will provide a roadmap to guide our collective efforts over the next few years to better meet the needs of Kentuckians with, and at risk for, diabetes," said Steve Davis, M.D., DPH deputy commissioner.

Approximately 445,200 Kentucky adults have diabetes, and another 611,000 Kentuckians ages 40-74 have pre-diabetes and are at very high risk for developing the disease.

DPH and partners are gathering input from consumers to learn more about the support people with or at risk for diabetes have received or would like to receive from their doctors, employers and communities to manage their diabetes and help them stay healthy. To get this information, all adults with or at risk for diabetes in Kentucky are invited to answer a few questions through an online survey at [http://www.surveymonkey.com/s/Kentucky\\_Diabetes\\_Consumer\\_Survey\\_2010](http://www.surveymonkey.com/s/Kentucky_Diabetes_Consumer_Survey_2010).

The survey is active until Aug. 12, and respondents will not be asked to give any personal identifying information.

"We need input from as many people as possible to help shape a plan for a strong system of support to help people with and at risk for diabetes stay healthy," said Theresa Renn, coordinator, Kentucky Diabetes Prevention and Control Program.

The Kentucky Diabetes State Plan will be released in spring 2011. For more information about the plan, contact Janice Haile, Green River District Health Department, (270) 686-7747. The Lexington-Fayette County Health Department's diabetes program offers resources including educational programs for people with diabetes. For more information on the LFCHD diabetes program, please call Janey Wendschlag at (859) 288-2310.

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